



## Instructions for Set-Up and Use of the Water Filtration System


Be sure to remove all contents from bottle and bowl

### Filter Set Up

1. Remove a new *H2O 4 CPAP* filter from the sealed plastic bag
2. Soak the unwrapped new filter in cool tap water for 15 minutes
3. Unscrew the red cap from the bottom of bottle and the white cap from the top
4. Set the moist filter, wide end down, into the red cap and screw it securely to the bottom of the bottle
5. Place the bottle, red cap down, on top of the clear round bowl
6. Fill the bottle with tap water approximately  $\frac{1}{2}$ " from the top of the bottle with a glass or cup – **Never** fill the bottle directly from a water faucet – the  process requires gravity to work most effectively – fast water from a faucet will interfere with filtration
7. Immediately reattach the white cap to the top to avoid leakage and watch the water go through – 400ML of ion-distilled water should take about 5-7 minutes
8. For every new filter, allow the water to complete **THREE** full fill ups and drip-through cycles to safely activate the filter – disposing of the newly filtered water each time

The  system is now ready for daily use

### Daily Use

- Fill the bottle as instructed in Steps 6 & 7
- Always empty the bottle and the clear round bowl completely after each use and store the  bottle containing the moist filter in the refrigerator when not in use
- Clean the bottle and bowl thoroughly at least once a week
- Change the *H2O 4 CPAP* filter every 30 days

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